



Nassau Life and Annuity Company (the Company)
Nassau Life Insurance Company (the Company)
PHL Variable Insurance Company (the Company)
Nassau Life and Annuity Insurance Company (the Company)
P.O. Box 22012
Albany, NY 12201-2012

Notice Regarding the Right to Designate a Secondary Addressee

You have the right to designate at least one person (a secondary addressee) to receive notices regarding the potential lapse or termination of your life insurance policy due to non-payment of premium. If a secondary addressee is designated, the Company will notify that individual in writing prior to terminating your policy. Secondary addressee notifications will be sent in addition to those sent to the policy owner.

You may designate one or more secondary addressees for your policy/policies by providing the Company with the name, address and telephone number of the secondary addressee, along with the applicable policy number(s). Please be advised that you may add, change or remove this designation at any time while the policy is in-force.

If you wish to designate a secondary addressee, please complete this form and return it to the Company at the address shown above.

Secondary Addressee

Name	Telephone Number
Address (Street Address, City, State, Zip Code)	
Policy Number(s):	

Additional Secondary Addressee (if any) - If more space is needed, please attach a separate page.

Name	Telephone Number
Address (Street Address, City, State, Zip Code)	
Policy Number(s):	

Owner's Name (Please Print)

Owner's Signature

Date

If you have any questions, please contact us at 1-800-541-0171 and one of our customer service representatives will be happy to assist you. Thank you.